



CAMP ARROWHEAD OVERNIGHT CAMPER Information PACKET



The following packet contains an information letter and a packing list. Be sure to visit the FAQ's page at www.cmaparrowhead.net for more information about sending your camper to Camp Arrowhead.

Dear Parent/Guardian:

We welcome you to the Arrowhead experience!

The following information is provided for the benefit of you and your camper. If you take time to review it carefully, your camper will arrive at Camp Arrowhead prepared for an exciting adventure.

Tuition balance and camper paper work are due by May 30th.

Late payments on camp sessions past due one week will be cancelled and be made available to the Waiting List.

Mark your calendar now and use the checklist provided to ensure all requirements are met.

NOTE: If circumstances require any payments to be made at check-in; only money order or cash payments will be accepted for tuition, however store funds can be made by check.

HEALTH INSURANCE CARD: Please note: A copy of your camper's Health Insurance card (front and back) must be provided.

HEALTH CARE AND MEDICATION PROCEDURES: Camper parents/guardians are required to see the Infirmary Supervisor at check-in if their camper is taking medication and/or is required to follow a specific health care procedure or diet. **Prescription and non-prescription medications must be in original containers and include written procedures for administering medications and prescribed health care**

It is important to provide the Infirmary Supervisor with any changes in telephone numbers or addresses where you may be reached while your child is at camp. At check-in a short form updating the camper's health history will be required. A physician is available to the camp and Beebe Healthcare is ten miles from camp. Visit Summer Camp/Health and Wellness link at www.camparrowhead.net for more useful information from our camp nurse.

SPECIAL DIETS/FOOD ALLERGIES: A kitchen allergy form must be submitted along with your camper's application if your child has a food allergy which requires a special diet.

Food Service Manager, Jim Feaster at jfeaster@camparrowhead.net or 302-945-0610 x6

We encourage you to consult with your doctor when deciding if Camp Arrowhead is the best fit for your child.

How we can accommodate the following:

1. **Peanut and tree nut allergies:** While your child is at camp we can provide your camper with the knowledge of what foods contain these ingredients.

Kitchen staff can also offer the peanut allergic camper the use of paper goods as an added prevention. **We do serve peanut butter and use peanut products at camp.**

2. **Lactose/milk allergies:** Our kitchen has a lactose free product available to campers who are lactose intolerant and a soy product for campers with a milk allergy.

3. **Vegetarian/vegan diets:** Camp Arrowhead offers vegetarian options at each meal.

4. **Gluten Free:** We do provide limited gluten free foods, we will warm/microwave gluten free foods provided by you for your camper. It is best to speak to our Food Service Manager for the best advice on what to provide.

CANCELLATIONS and REFUNDS: Cancellations must be made in writing to the camp registrar. Refunds, minus

the \$100 deposit, will be made to those cancellations received 2 weeks prior to the start of your camping session. No refunds will be made after this time. If a cancellation is necessary prior to camp due to illness or injury, upon receipt of a written statement from a physician all pre-paid fees except \$100 deposit will be returned. No refunds will be given in case of illness, homesickness, dismissal or voluntary withdrawal from camp.

LATE FEE: Camper balances are due by May 30th. A 25.00 late fee will be applied to all accounts after May 30th.

Late payments on camp sessions past due one week will be cancelled and be made available to the Waiting List.

SESSION CHANGES: A 25.00 processing fee will be charged to camper balances when changing sessions.

ARRIVAL TIME: We cannot accommodate early arrivals. Parents can plan to depart following check-in.

DEPARTURE: Luggage pick up begins at 8:00 am with a ceremony following at 9:00 am. (**unless indicated on schedule provided**) PLEASE BE ON TIME – We do not provide a service for late pick-up.

DEPARTURE NOTE: A closing ceremony for parents and campers will begin promptly following luggage pick-up. You and your camper are encouraged to take a camp tour following the ceremony. Please plan to depart following your tour of camp. The ceremony begins promptly at 9:00.

CAMPER MAIL: Mail is very important when a child is away from home. Use the following format; Campers Name, c/o Camp Arrowhead, Camper's Unit 35268 Homestead Way, Lewes, DE 19958 or bring letters with you for our delivery. You can also write to your camper using a one-way email program (Bunk-1). Information is provided on our website and will be handed out at check-in.

CARE PACKAGES FROM HOME: Please note that your camper will have a variety of snacks available for purchase at the camp store. If you do send a package from home please provide individually wrapped food items so as not to attract wildlife into their lodging. Allow sufficient mail time for packages to arrive. Be sure your camper's name is on the package and use the camper mailing address as noted in CAMPER MAIL section.

CAMP ARROWHEAD CARE PACKAGE: Avoid postage fees or worrying about your package arriving on time. Let us help you surprise your camper with an Arrowhead Care Package. If you did not order one online you may order a camp care package on check-in day at our store table. Sample care packages will be available for your review at check-in. The fee for a Camp Arrowhead care package is \$30.00.

CAMP STORE ACCOUNT: All campers are required to have a camp store card. Homestead campers and Taste of Campers have the option to shop once a day with the pioneer and pathfinders going twice a day. Snacks, beverages, ice cream, and stamps top the list but many campers want to take home a Camp Arrowhead souvenir to remind them of their stay at camp. \$45.00 for a one-week session and \$60.00 for a 2-week session is suggested. Store deposits are set up prior to the camp session, but additional funds can always be applied to camper accounts at check-in. Store account refunds not recovered at the end of the session will be donated to St. John's Chapel Fund.

HOME EMERGENCIES: In case of emergency, contact camp at 302-945-0610; if a message is required leave the message in Assistant Director's (Terry Warner) ext 4 voice mailbox. While we make every effort to monitor our phone, please be patient if you must leave a message. Your call will be returned as soon as possible.

CAMPER EMERGENCIES: You will be contacted by our Nurse, Director, or Assistant Director if there is an emergency concerning your camper.

Please refer to the following page for drop off and pick up times for each of the overnight sessions.

SESSION 1	
Arrival (Date and Time)	Departure – Pick up begins at 8:00am and Closing Ceremony begins at 9:00 (unless indicated)
Homestead, Pioneer, Pathfinders (6 Nights) Sunday, June 23rd (3:00 – 5:00)	Saturday, June 29th (8:00am)
SESSION 2	
Arrival (Date and Time)	Departure – Pick up begins at 8:00am and Closing Ceremony begins at 9:00 (unless indicated)
Homestead, Pioneer, Pathfinders (2 weeks) Sunday June 30th 3:00 – 5:00	Friday, July 12th (8:00 am)
Homestead & Pioneer (1 Week) Week 1 - Sunday June 30th 3:00 – 5:00	Saturday, July 6th (10:00 am)
Mini Camp – Homestead & Pioneer (5 nights) Week 2 - Sunday July 7th 3:00 – 5:00	Friday, July 12 th (8:00 am)
SESSION 3	
Arrival (Date and Time)	Departure – Pick up begins at 8:00am and Closing Ceremony begins at 9:00 (unless indicated)
Homestead, Pioneer, Pathfinders (2 weeks) Sunday July 14th 3:00 – 5:00	Friday, July 26th (8:00 am)
Taste of Camp A (4 nights) July 14th 3:00 – 5:00	Thursday, July 18th (10:00 am)
Taste of Camp B (4 nights) July 22 nd 3:00 – 4:00	Friday, July 26 th (8:00am)
SESSION 4	
Arrival (Date and Time)	Departure – Pick up begins at 8:00am and Closing Ceremony begins at 9:00 (unless indicated)
Homestead, Pioneer, Pathfinders (6 Nights) Sunday, July 28th (3:00 – 5:00)	Saturday Aug 3rd (8:00 am)
SESSION 5	
Arrival (Date and Time)	Departure – Pick up begins at 8:00am and Closing Ceremony begins at 9:00 (unless indicated)
Homestead, Pioneer, Pathfinders (1 week) August 4th (3:00 – 5:00)	Sunday, Saturday Aug 10 th (8:00 am)

HOMESICKNESS POLICY: Most often homesick children are fine after a day or two. If the counselor feels the child is still homesick by the second day, the unit leader is alerted. At this point other senior staff members and specialists are notified and asked to help in making the child feel more at home. If progress is not made, the parent is contacted and consulted as to a pertinent course of action. Please note the following:

We do our best to work through homesickness, however, there are times when a child's homesick behavior adversely affects the group as a whole and must be sent home. We do not offer refunds for homesickness.

Children are not allowed nor are they promised to use the telephone. We do promise to make a call for the child ON WEDNESDAY if it is warranted. There are times when a child writes a "take me home" letter the first day of camp and by the time the parent receives it, the child is fine. If this happens, we suggest you call our program director, Rubi Warner, @ 302-945-0610 ext 4, and explain the situation. We will be happy to speak with the child and report back to you.

HOMESICKNESS PREVENTION

If you suspect your child may become homesick, spend a few minutes with the counselor and discuss possible interventions or include a note on your Camper Profile form.

Be sure to alert the counselor if the child has had a family difficulty, personal loss or similar concern prior to coming to Camp Arrowhead.

Make sure the child *wants* to come to Camp Arrowhead and help prepare the future camper by reviewing all literature and brochures! If time allows plan to attend one of our walking tours. This may help your child enjoy the camp experience more. It is Camp Arrowhead's policy **not** to refund tuition due to homesickness.

****** For first time campers we recommend the camper shop and pack with you so they are helping prepare for their stay.**

BEHAVIOR POLICY:

Camp Arrowhead will treat all campers with dignity and respect. Camp counselors, supervisors, and management will also work diligently with campers and parents to avoid and deal with conflicts at camp. However, there are some offenses that may warrant dismissal from camp. These offenses include:

1. The use or possession of cigarettes, alcohol, or drugs.
2. Fighting, bullying, or continual verbal assaults directed at campers or staff.
3. Blatant disregard for the authority of the camp staff and policies such as the continual use of profanity, stealing, and vandalism, which can be punishable by financial compensation.
4. Actions or behaviors that affect physical or emotional welfare of the other campers. In the event that your child is guilty of any of these offenses, the director will contact you and you will be asked to come immediately to camp to pick up your child. Your cooperation will be most appreciated.

If your child is sent home due to disciplinary problems there will be no refund of camp tuition and they will be unable to return to camp for that summer. However, they will be welcomed back the following summer providing they agree to abide by our behavior policy.

Questions or comments concerning this policy may be directed to our Director, Teri Valente @ 302-945-0610 ext 5

DIRECTIONS TO CAMP ARROWHEAD:

From the North: Follow Rt. 1 South from Wilmington to the beach area. Turn right onto Rt. 24 West at the McDonalds Restaurant. Go about 3 miles and cross over the Eugene Bookhammer Bridge. Take the next left onto Camp Arrowhead Road (Rt. 279). Camp Arrowhead entrance will be 4 miles on the left.

From the West: Cross the Bay Bridge. Follow Rt. 50 East to Rt. 404 East. Turn left onto Rt. 404 and continue to Rt. 16 East. Proceed on Rt. 16 to Rt. 1 South. Continue to Camp using the directions FROM THE NORTH as listed above.

From the South: Take Rt. 113 North to Millsboro. Turn right on Rt. 24 East and travel approximately 9 miles. Turn right at the traffic light onto Angola Road (Rt. 277). Proceed to the stop sign and turn right onto Camp Arrowhead Road. Camp Arrowhead entrance is approximately 2 miles on the left.

GPS Location: 35268 Homestead Way, Lewes, DE 19958

FOR YOUR INFORMATION:

The tax-exempt ID number for Camp Arrowhead/Diocesan Council, Inc. of the Episcopal Diocese of Delaware, 913 Wilson Rd., Wilmington, DE 19803 is **510065734**.

You can support camp by contributing to the United Way.

Camp Arrowhead is a United Way recipient: Delaware #9082 and Southeastern Pennsylvania #7978.

FAQ's at www.camparrowhead.net

CAMPER CHECKLIST

Return all the following to the registrar by May 30th

- Tuition balance**
- Copy of Health Ins. Card – front and back.**
- Special dietary concerns and instructions if necessary to Food Service Manager, Jim Feaster (Kitchen Allergy Form)**

Mail all forms and fees by May 30th to

Nancy Lafontaine, c/o Camp Arrowhead, 35268 Homestead Way, Lewes, DE 19958

REGISTRATION QUESTIONS

Direct all registration questions to our registrar, Nancy Lafontaine at nlafontaine@camparrowhead.net or 302-645-5348

SUGGESTED PACKING LIST:

Label everything with your camper's name, (including the luggage!!) to make it easily identifiable. Camp Arrowhead is not responsible for lost or stolen articles. You can visit Best Name Tape Company at www.bestnametape.com to order labels online.

- Pillow and pillow case
- Twin Sheets-one set/week
- Sleeping Bag or Blanket
- Bath towels and washcloth
- Beach towels
- Bathing suits (2 or more)
- Toiletries and personal hygiene items
- Reusable water bottle
- Backpack or book bag
- Shower Shoes
- Hat for sun protection
- Sunscreen
- Sunglasses
- Insect repellent
- Laundry bag or plastic bag for dirty clothing
- Flashlight/batteries
- Raincoat or poncho
- Water shoes or old shoes that can get wet/muddy
- Stationery/pens/stamps
- Camera/film- be sure to label it
- T-shirts
- Shorts
- White t-shirt for tie-dye project
- Underwear and socks
- Sleepwear
- Long pants-light weight and light color work well for heat and tick protection
- Jeans and or sweatpants
- Shoes/ 2 pair
- Casual Outfit for closing night
- Bible (provided but you can bring your own)
- Misc: playing cards, sporting equipment, reading material

We suggest packing in a suitcase or trunk. Plastic bins work well for linens. We don't provide laundry service, so pack according to the length of session attending. Only emergency laundry can be accommodated.

DO NOT BRING: Weapons, sandals, knives, radios,* **cell phones**, pagers, electronic equipment, games, or pack large quantities of sugared snacks as staff will collect them for safe keeping. These items will be returned at the end of the session.

Cell phone possession may result in dismissal from camp.