

**YOUR CAMP ARROWHEAD RESIDENT
CAMPER PACKET CONTAINS**

-this information letter, camper profile, health form, and clothing label form.

*** Please review the session, program, dates and tuition balance for accuracy. Discrepancies need to be addressed with the Registrar immediately.**

Camper: _____

Session _____ Program _____

Dates: _____

TUITION BALANCE- _____

Dear Parent/Guardian:

Welcome to the Arrowhead experience!

This letter confirms receipt of your camper's registration and deposit for the residential camping session and program listed above.

This is the only registration confirmation you will receive.

The following information is provided for the benefit of you and your camper. If you take time to review it carefully and heed the suggestions, your camper will arrive at Camp Arrowhead prepared for an exciting adventure.

Tuition balance, store account funds, health form, and camper profile are due by MAY 15th.

Mark your calendar now and use checklist on page 2 to ensure all requirements are met.

Please issue separate checks payable to **Camp Arrowhead** for tuition and store accounts.

NOTE: If circumstances require any payments to be made at check-in; only money order or cash payments will be accepted.

HEALTH FORM- No child may come to Camp Arrowhead without a properly completed and signed health form. All campers are required to have dated and written verification from licensed medical personnel that the camper has had a health examination within the past 24 months. Parents or guardians must also provide a current health history of their camper. The parent or guardian will be required to update camper health history during the check-in process.

Return form by May 15.

All medications must be in their original containers. No exceptions!

HEALTH CARE AND MEDICATION PROCEDURES- Camper parents/guardians are required to see the Infirmary Supervisor at check-in if their camper is taking medication and/or is required to follow a specific health care procedure or diet. Prescription and non-prescription

HEALTH CARE continued:

medications must be in original containers and include written procedures for administering medications and prescribed health care.

It is important to provide the Infirmary Supervisor with any changes in telephone numbers or addresses where you may be reached while your child is at camp. On check-in day all parents/guardians will be required to complete a short form to update their camper's health history. A physician is available to the camp and Beebe Medical Center is ten miles from camp.

SPECIAL DIETS/FOOD ALLERGIES: Separate written notification is required at least 2 weeks prior to camping session by email or using registration address.

How we can accommodate the following:

1. **Peanut and tree nut allergies:** While your child is at camp we can provide your camper with the knowledge of what foods contain these ingredients.

Kitchen staff can also offer the peanut allergic camper the use of paper goods as an added prevention.

2. **Lactose/milk allergies** Our kitchen has a lactose free product available to campers who are lactose intolerant and a soy product for campers with a milk allergy.

3. **Vegetarian/vegan diets:** Camp Arrowhead offers vegetarian options at each meal.

4. **Gluten Free:** We **do not** provide gluten free foods, but we can warm/microwave gluten free foods provided by you for your camper. It is best to speak to our kitchen supervisor for the best advice on what to provide.

We encourage you to consult with your doctor when deciding if Camp Arrowhead is the best fit for your child.

CAMPER PROFILE/CABIN REQUESTS- The enclosed pink or blue profile is designed to provide staff with facts relating to your camper as an individual. We have found this to be a valuable tool for a good camper/staff relationship. All information will be kept confidential. This form also contains your camper's cabin mate preference and must be completed and signed by a parent/guardian and returned by **MAY 15th**.

CANCELLATIONS and REFUNDS- Cancellations must be made in writing to the camp Registrar. Refunds, minus the \$100 deposit, will be made to those cancellations received 3 weeks prior to the start of your camping session. No refunds will be made after this time. If cancellation is necessary prior to camp due to illness or injury, upon receipt of a written statement from a physician all pre-paid fees except \$100 deposit will be returned. No refunds will be given in case of illness, homesickness, dismissal or voluntary withdrawal from camp.

ATTENDING SESSION 2H?

Homestead 2H camper arrival is Sunday July 1 3:00-5:00 pm and departure will begin with luggage pickup at 9:30am Saturday July 7. A closing ceremony for parents and campers begins promptly following luggage pick up. You and your camper are encouraged to tour camp following the ceremony.

ARRIVAL TIME- Check-in: ALL CAMPERS SHOULD ARRIVE NO EARLIER THAN 3 P.M. AND NO LATER THAN 5 P.M. Parents should plan to depart following check-in. Camp tours are not possible at this time. **Note:** **Please have your camper's bathing suit and a towel separate from the packed luggage, as a swim test is required soon after arrival.**

DEPARTURE- Luggage pick up for all Sessions (**except 2H**) begins at 8:00 a.m. A closing ceremony for parents and campers begins promptly following luggage pick up. You and your camper are encouraged to tour camp following the ceremony, but please plan to leave camp by 10:30a.m. **Reminder:** Session Taste of Camp, 2 and 4 end on Fridays. Session 1, 2H, 3, and 5 end on Saturdays.

SUGGESTED PACKING LIST:

Label everything with camper name, including the luggage!! A label order form is enclosed. Camp is not responsible for lost or stolen articles.

- | | |
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| <input type="checkbox"/> Pillow and pillow case | <input type="checkbox"/> Raincoat or poncho |
| <input type="checkbox"/> Twin Sheets-one set/week | <input type="checkbox"/> Water shoes or old shoes that can get wet |
| <input type="checkbox"/> Sleeping bag/slumber bag | <input type="checkbox"/> Stationery/pens/stamps |
| <input type="checkbox"/> Blanket (sleeping bag can double for blanket) | <input type="checkbox"/> Camera/film- be sure to label it |
| <input type="checkbox"/> Bath towels and washcloth | <input type="checkbox"/> T-shirts |
| <input type="checkbox"/> Beach towels | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> <u>Bathing suits (2 or more) keep one suit and towel with you at check in.</u> | <input type="checkbox"/> White t-shirt for tie-dye project |
| <input type="checkbox"/> Toiletries and personal hygiene items | <input type="checkbox"/> Underwear and socks |
| <input type="checkbox"/> Backpack or book bag | <input type="checkbox"/> Sleepwear |
| <input type="checkbox"/> Reusable water bottle | <input type="checkbox"/> Long pants-light weight and light color work well for heat and tick protection |
| <input type="checkbox"/> Flip Flops for use <u>in shower only</u> | <input type="checkbox"/> Jeans and or sweatpants |
| <input type="checkbox"/> Hat for sun protection | <input type="checkbox"/> Shoes/ 2 pair |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Casual outfit for closing night |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Bible (provided but you can bring your own) |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Misc: playing cards, sporting equipment, reading material |
| <input type="checkbox"/> Laundry bag or plastic bag for dirty clothing | |
| <input type="checkbox"/> Flashlight/batteries | |

We suggest packing in a suitcase or trunk. Plastic bins for linens work well. We don't provide camper laundry service, **so pack according to the length of session attending.** Only emergency laundry can be accommodated.

DO NOT BRING- Sandals, knives, radios,* cell phones, pagers, electronic equipment, games, or pack large quantities of sugared snacks as staff will collect them for safe keeping. These items will be returned at the end of the session. *Cell phone possession may result in dismissal from camp.

CAMPER MAIL- Mail is very important when a child is away from home. Use the following format: **Camper Name (Unit #) C/O Camp Arrowhead, 35143 Homestead Way, Lewes, DE 19958. Please be sure to use a return address.**

Do not use the registration PO Box for camper mail!

You can also write to your camper using a one-way email program (Bunk-1). Information is provided on our website and will be handed out at check-in.

CARE PACKAGES FROM HOME Please note that your camper will have a variety of snacks available for purchase at the camp store. If you do send a package from home please provide individually wrapped food items so not to attract wildlife. Allow sufficient mail time for packages to arrive. Be sure your camper's name is on the package and use the camper mailing address as noted in **CAMPER MAIL** section.

CAMP ARROWHEAD CARE PACKAGE

Avoid postage fees or worrying about your camper getting their care package from home on time. Let us help you surprise your camper with an Arrowhead care package for only \$25.00. Packages vary session to session and are comprised of Camp Arrowhead logo souvenirs and snacks. You can even provide your camper with a personal note and choose the day you want it delivered by stopping by the camp store during check in.

CAMP STORE ACCOUNT- Having a camp store account is optional but most campers enjoy going to the store line. Snacks, beverages, ice cream, and stamps top the list but many campers want to take home a Camp Arrowhead souvenir to remind them of their stay at camp. Suggested store deposit of \$35.00 for each camper per one-week session and \$45.00 for each camper per 2-week session is sufficient. Additional funds can be applied to camper accounts at the camp store during the checking in process if clothing purchases are desired. Clothing purchases range from \$10-\$25. Arrowhead souvenir items range \$1-\$10. Refunds not retrieved at sessions end will be donated to St. John's Chapel Fund for our outreach programs.

REQUIREMENTS CHECKLIST

Mail all of the following to the Registrar by
May 15th

- Signed Camper Profile
- Tuition balance
- Camp store account funds
- Completed and signed Health Form by parent/guardian and physician
- Copies front and back of health insurance and prescription cards
- Special instructions if necessary
- Special Diets/Food Allergy letters (at least 2 weeks prior to session)

Mail all forms and fees by May 15 to
Debbie Simms, C/O Camp Arrowhead
P.O. Box 625
Lewes, DE 19958

REGISTRATION QUESTIONS -

Debbie Simms
debbiesimms@camparrowhead.net or 302-645-5348

EMERGENCIES - In case of emergency, contact camp at 302-945-0610; if a message is required leave message in Assistant Director voice mailbox. While we make every effort to monitor our phone, please be patient if you must leave a message. Your call will be returned as soon as possible.

CAMPER EMERGENCIES – You will be contacted by our Nurse, Director, or Assistant Director if there is an emergency concerning your camper.

HOMESICKNESS POLICY- Most often homesick children are fine after a day or two. If the counselor feels the child is still homesick by the second day, the unit supervisor is alerted. At this point all senior staff members and specialists are notified and asked to help in making the child feel more at home. If progress is not made, the parent is contacted and consulted as to a pertinent course of action. Please note the following:

We do our best to work through homesickness, however, there are times when a child's homesick behavior adversely affects the group as a whole and must be sent home. We do not offer refunds for homesickness.

Children are not allowed nor are they promised to use the telephone. We do promise to make a call for the child if it is warranted.

There are times when a child writes a "take me home" letter the first day of camp and by the time the parent receives it, the child is fine. If this happens, we suggest you call the Assistant Director, @ 302-945-0610, and explain the situation. We will be happy to speak with the child and report back to you.

HOMESICKNESS PREVENTION

If you suspect your child may become homesick, spend a few minutes with our staff and discuss possible intervention or include a note on your Camper Profile form.

Be sure to alert the counselor if the child has had a family difficulty, personal loss or similar concern prior to coming to Camp Arrowhead.

Make sure the child *wants* to come to Camp Arrowhead and help prepare the future camper by reviewing all literature and brochures! If time allows plan to attend the open house. This may help your child enjoy the camp experience more.

It is Camp Arrowhead's policy **not** to refund tuition due to homesickness.

BEHAVIOR POLICY- Camp Arrowhead will treat all campers with dignity and respect. Camp counselors, supervisors, and management will also work diligently with campers and parents to avoid and deal with conflicts at camp. However, there are some offenses that may warrant dismissal from camp. These offenses include:

1. The use or possession of cigarettes, alcohol, or drugs.
2. Fighting, bullying, or continual verbal assaults directed at campers or staff.
3. Blatant disregard for the authority of the camp staff and policies such as the continual use of profanity, stealing, and vandalism, which can be punishable by financial compensation.
4. Actions or behaviors that affect physical or emotional welfare of the other campers.

In the event that your child is guilty of any of these offenses, the Director will contact you and you will be asked to come immediately to camp to pick up your child. Your cooperation will be most appreciated.

If your child is sent home due to disciplinary problems there will be no refund of camp tuition and they will be unable to return to camp for that summer. However, they will be welcomed back the following summer providing they agree to abide by our behavior policy.

Questions or comments concerning this policy may be directed to Walt Lafontaine, the Camp Arrowhead Camp Director @ 856-863-1043 prior to June 18 or 302-945-0610 after June 18 or Debbie Simms, the Camp Arrowhead Registrar @ 302-645-5348.

DIRECTIONS-

From the North: Follow Rt. 1 South from Wilmington to the beach area. Turn right onto Rt. 24 West at the McDonalds Restaurant. Go about 3 miles and cross over the Eugene Bookhammer Bridge. Take the next left onto Camp Arrowhead Road (Rt. 279). Camp Arrowhead entrance will be 4 miles on the left.

From the West: Cross the Bay Bridge. Follow Rt. 50 East to Rt. 404 East. Turn left onto Rt. 404 and continue to Rt. 16 East. Proceed on Rt. 16 to Rt. 1 South. Continue to Camp using the directions FROM THE NORTH as listed above.

From the South: Take Rt. 113 North to Millsboro. Turn right on Rt. 24 East and travel approximately 9 miles. Turn right at the traffic light onto Angola Road (Rt. 277). Proceed to the stop sign and turn right onto Camp Arrowhead Road. Camp Arrowhead entrance is approximately 2 miles on the left.

GPS: If you are using a GPS for navigating to camp, use the camper mailing address provided in your camper literature. **Note:** This address is not for mailing camper registration materials!!

FOR YOUR INFORMATION-

The tax-exempt ID number for Camp Arrowhead/Diocesan Council, Inc. of the Episcopal Diocese of Delaware, 2020 N. Tatnall Street, Wilmington, DE 19802 is 510065734.

You can support camp by contributing to the United Way.

Camp Arrowhead is a United Way recipient: Delaware #9082 and Southeastern Pennsylvania #7978.